

Smith County 4-H



2022-2023

4-H Definitions

4-H Club

A 4-H Club is a group that meets monthly. There are officers, contests, and activities. Most of our clubs meet during school or through the 4-H homeschool program.

4-H Enrollment

Each 4-H member enrolls by filling out the enrollment form at the beginning of the 4-H club year.

4-H Projects

4-H projects are extra activities and programs that you participate in outside of your club meeting. If you raise livestock, your project might be an animal project. If you are interested in photography, there is a 4-H photography project. If you are in 6th-12th grade, you can submit portfolios and compete in project competitions for prizes. High school students can also receive scholarship money for submitting portfolios.

4-H Portfolios

4-H portfolios are digital records of the events and activities you have done in a project area. 4-H portfolios include photos, a written narrative or resume about you, and other information. You put together a WIX project portfolio.

If you are in 6th-8th grade, you can use a portfolio to attend 4-H Academic Conference and compete in 4-H project showcase.

If you are in 9th-12th grade, you can use a portfolio to attend 4-H Congress, 4-H Round Up, and compete for prizes and scholarships. Students in 11th-12th grade have the opportunity to receive college credit through UT Knoxville in certain project areas.

4-H Judging Teams and Activities

4-H judging teams are educational contests that happen throughout the year. Students who are interested in participating in judging teams can participate in practices and then attend competitions demonstrating the knowledge they have learned.

Judging teams include Forestry, Wildlife, Grill Master Challenge, FCS Skill-A-Thon, Horse Judging, Horse Bowl and Hippology, Livestock, and Poultry judging. We also have a 4-H archery group.

4-H Specialty Programs

We offer specialty programs throughout the 4-H year. These programs can be cooking camps or other day camps.

4-H Community Club

4-H Community Club is a group of students who have excelled in their 4-H work. They go above and beyond the 4-H classroom activities. These 4-Hers get the opportunity to meet once a month and complete service learning activities and participate in fun social events.

4-H All-Stars

4-H All-Stars is the 2nd level of recognition. These students are in 9th-12th grade. They are invited to attend regional leadership retreats in the fall and spring each year and have the opportunity to attend 4-H Round Up. A 4-Her who is active through their junior and senior year can also achieve Tennessee 4-H's highest recognition, **Vol State**.

4-H Camp

Summer camps are the highlight of a 4-Her's summer. 4-Hers in 4th-12th grade can attend various 4-H and specialty camps over the summer.

4-H Congress

4-H Congress is an event specifically designed for 9th and 10th graders. Students have the opportunity learn about government and participate in legislative visits, tour the State Capital, and participate in mock sessions. This event is always in March. Students in 11th and 12th grade can earn a spot to attend by competing in the leadership or citizenship portfolio competition or winning the regional public speaking competition.

4-H Round Up

4-H Round Up is a week-long event that rotates between UT Martin and UT Knoxville. Students in 9th-12th grade can attend Round Up as a competing delegate or as an All Star attendee. If you are a competing delegate, you have the opportunity to submit a portfolio to compete for scholarships and awards.

9th-10th graders- Level I competition

11th-12th graders- Level 2 competition and a chance to attend National 4-H Congress

Level II participants can also earn course credit for UT Knoxville in several project areas without winning the state competition.

4-H Academic Conference

4-Hers in 6th-8th grade can submit portfolio forms in their chosen project areas for an opportunity to attend UT Academic Conference on the Knoxville campus. This is a great opportunity to see life as a college student and participate in educational sessions with professors and specialists.

4-H Livestock and Horse Shows

4-H hosts regional and state livestock and horse shows. If you are interested in showing animals, this is a great opportunity for you to get involved.

"To make the best better."

4-H Calendar

August

Enrollment begins for 4-H Club Year
Regional FCS Skill-a-thon contest
Grill Master Challenge Contest(6th-12th)
4-H Activities at TN State Fair
Forestry and Poultry practices (4th-12th) begin
State Goat Show

September

In-school and Homeschool clubs meet and elect officers
Regional forestry and Poultry competitions
Central Region Sheep Expo
Southern Region Teen Leadership Conference (9th-12th)

October

In-school clubs meet and learn about public speaking contest
Smith County 4-H Banquet
State Jr. Sheep Expo

November

In-school clubs meet and conduct public speaking contest
4-H All Star Retreat (9th-12th)
National 4-H Congress (You earn this trip by winning level II at State 4-H Round Up)

December

School clubs take a holiday break
County wide public speaking contest

January

4-H county poster competition
State junior market hog show
Regional 4-H Hippology and horse bowl (4th-12th)
Register for 4-H chick chain begins (4th-12th)
Sub Regional public speaking contest

February

TN 4-H Congress Registration (9th-10th)
Central Region public speaking competition 9th-12th
Regional poster contest
4-H Beekeeping essay due
Piggy Banks due in county
Begin archery practices (4th-12th)
Begin horse judging practices (4th-12th)

March

TN 4-H Congress (9th-10th)
Congress Readiness Day (9th-10th)
4-H All-Star spring retreat (9th-12th)
Scholarships due (12th grade)
Begin livestock judging practices (4th-12th)
Chick Chain Chicks arrive

April

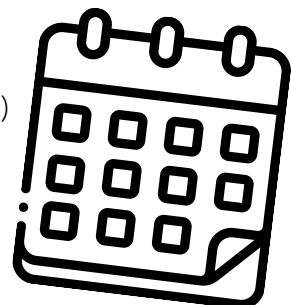
Academic Conference Applications due (6th-8th)
Photo contest entries due
State Archery Jamboree
Golden Clover Award Applications due

May

Sub Regional Achievement Day
Regional Wildlife Judging (4th-12th)
Sr High Portfolios due (9th-12th)
Photo search entries due

June/July

Smith County Livestock Clinic
4-H Summer Camps
State Beef Expo
4-H Academic Conference (6th-8th)
Regional and State Horse Shows
Smith County Fair
4-H Round Up (9th-12th)
4-H Round Up Readiness Day



4-H Portfolios

What are projects and portfolios?

Do you have a hobby or activity you like to do? Maybe you enjoy sports or being outdoors? How about raising livestock or taking photos? GREAT NEWS! There are projects for anything and everything. You can tie your hobbies or activities into 4-H projects by sharing your knowledge and experiences with others. Everything you do can be recorded in your digital portfolio and submitted for awards.

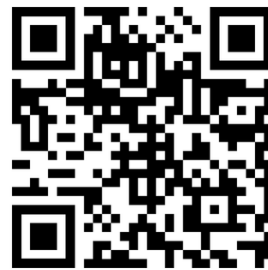
Project List

Beef
Citizenship
Clothing and Textiles
Communications/Public Speaking
Companion Animal
Computers and Technology
Consumer Education/Economics
Creative Arts and Design
Dairy
Electric
Engineering/Safety Science
Entomology/Beekeeping
Entrepreneurship
Food Science
Forestry, Wildlife and Fisheries
Goat
Horse
Horticulture/Garden
Leadership
Nutrition, Health, and Fitness
Outdoor Recreation
Performing Arts/Recreation
Personal Development
Photography
Plant Science
Poultry
Sheep
Swine
Veterinary Science

Requirements

F305A- Main Project Form
F305B- Leadership Form
F305C- Citizenship Form
Narrative- 6th-10th Grade
Resume- 11th and 12th Grade Only
Photos- Up to 15 "Action Shots"
Project Showcase- Sr High portfolios
Entry Form

Portfolios are created on WIX with step by step instructions. Scan the QR code below or go to <https://4h.tennessee.edu/portfolios/> for portfolio forms and how to guide.



Portfolio Workshops

Join us monthly to work on 4-H project portfolios. Dates will be scheduled monthly and we'll work on different pieces of the portfolio at each meeting.

Portfolio Deadlines

March 15- Jr High Portfolios
April 15- Sr High Portfolios

4-H Judging Teams

Wildlife

Grades: 4th-12th
Practices begin in April. Contest is in May.
Topics include:
Wildlife identification
- Skulls
- Hides
- Calls
Wildlife management practices

Livestock

Grades: 4th-12th
Practices begin in March. Contest is in April
Topics include:
Evaluate livestock classes
- Beef cattle, swine, sheep, and meat goats

Grill Masters

Grades: 6th-12th
Practices begin in July. Contest in Aug.
Topics include:
-Fire safety
-Safe food handling
-Proper grilling techniques

FCS Skill-a-thon

Grades: 6th-12th
Practices begin in August. Contest in Sept.
Topics include:
-Sewing
-Food and Nutrition
-Interior design

Horse Bowl and Hippology

Grades: 4th-12th
Practices begin in November. Contest in Jan
Topics include:
-How to care and manage equine
- Knowledge related to the horse and industry
-How to apply this knowledge by answer questions in a competitive format

Forestry

Grades: 4th-12th
Practices begin in August. Contest is in Sept.
Topics include:
-Tree identification
-Insect/Disease identification
-Compass and pacing
-Tree measurement

Poultry

Grades: 4th-12th
Practices begin in Aug. Contest is in Sept.
Topics include:
-Judging post production hens
-Chicken parts ID
-Egg candling
-Broken out egg quality
-Processed products
-Part quality
-Egg quality

Horse Judging

Grades: 9th-12th
Practices begin in February. Contest in March
Topics include:
-How to evaluate conformation
- How to evaluate performance
-How to defend placings through oral reasons *sr high only*

Archery Group

Grades: 4th-12th
Practices begin in February. Contest in April
Learn about:
-Archery safety
-Improving shooting skills
**No previous archery experience required to join group!

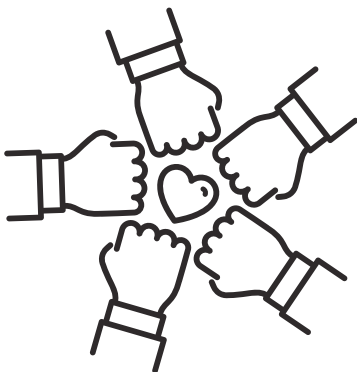
4-H Parents

How can parents get involved?

Parents are encouraged to take an active role in the 4-H program. The most successful 4-H members have the interest and support of their parents or another caring adult. Often parents are willing to help but are not sure how, when, or where they may get involved. If you have different talents, means, or available time, we can always use your help with the 4-H program.

Tips for being an active parent

1. Learn about the 4-H program and how it operates.
2. Guide/advise your child in selecting 4-H projects.
3. Show your interest and enthusiasm for the 4-H projects selected.
4. See that a project is completed.
5. Encourage your 4-H member when they succeed and even more when they fail.
6. Make 4-H club work FAMILY work.
7. Attend 4-H meetings and special events.
8. Support your local 4-H volunteers or become a 4-H volunteer
9. Offer your skills, talent, and share your interests
10. Remember that the real objective of 4-H is to develop your children into outstanding, productive adults. The way they do their projects and conduct themselves at competitive events and meetings will help set work and character standards for the rest of their lives.



Volunteering

To become an official 4-H volunteer, we must enroll a parent through the 4-H volunteer program. Contact your 4-H agent for more information.

Contact Information

Smith County 4-H



**Katie Martin, Extension Agent II
4-H Youth Development**

**kclark54@utk.edu
615-735-2900**

**125 Gordonsville Hwy.
Carthage, TN 37030**

Social Media

Facebook: UT Extension–Smith County

Instagram: utextension_smithcounty

YouTube: UT Extension Smith County

— I pledge —

my *head* to clearer thinking,
my *heart* to greater loyalty,
my *hands* to larger service,
my *health* to better living,
for my *club*, my *community*,
my *county*, and my *world*.

Programs in agriculture and natural resources,
4-H youth development, family and consumer sciences,
and resource development.

University of Tennessee Institute of Agriculture,
U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.

4-H Handbook layout adapted from Purdue. A Beginner's Guide to 4-H.