



4-H Demonstration Contest

4th & 5th Graders

March 4-H Club Contest

Get creative as you teach your class **how** to do something! Choose any hobby or skill you want to showcase that fits within one of our 26 project areas.

What is a 4-H Demonstration?

- A 4-H Demonstration is like an advanced type of show and tell.
- It is a presentation that teaches (or shows), one step at a time, how to do something while explaining (or telling) how to do it. Demonstrations should be 1-3 minutes long.

What Can I Demonstrate?

Anything relating to one of the 4-H projects (see list on back) or something you are interested in. Show **how** to do something, **how** something is made, or **how** something works.

How Do I Give a Demonstration?

STEP 1: Plan

Select a topic that can easily be broken down into illustrated steps.

STEP 2: Prepare

Just like a speech, a demonstration has three main points:

1. **Introduction:** Capture the audience's attention with a quote, challenge, or other interesting remark, and then explain what your demonstration will be about. Be original and brief.
2. **Body:** Present a step-by-step, start-to-finish procedure, explaining key points as you go along. Show and tell while you are working.
3. **Conclusion:** End your demonstration with a summary of your main points. You can show the finished product or answer a question you asked in your introduction. Your conclusion should have an interesting ending, like showing a catchy summarizing poster.

STEP 3: Present

- Be enthusiastic!
- Start with the opening, and then get right into the action. Keep things moving.
- Know your subject and explain what you are doing while you are doing it.
- Practice makes perfect. As you practice before the contest, make sure your demonstration is between 1-3 minutes and you are comfortable with all your supplies and equipment. Be sure your audience can see what you are doing at all times.
- Speak loud and clear.
- Stay within your allotted time.
- Be sure to show your finished product.

Why Visuals?

Visuals supplement what you are explaining or demonstrating.

- Use visuals to keep the audience's attention
- Use visuals that can be read or seen from the back of the classroom
- Use visuals that are simple and neat
- Use visuals that are easy to use
- Keep visual aids within reach and in the order you will demonstrate them
- Practice with your visual aids

What can be used as a visual aid?

- **Posters** (may use for title, supplies needed, steps of your demonstration, summary, etc.) or **PowerPoints**
- Supplies, samples, ingredients
- Equipment used in demonstration
- Various steps of the finished product in progress
- **No live animals can be used in your demonstration!**

4-H PROJECT AREAS

Beef
Citizenship
Clothing & Textiles
Companion Animals
Computers & Technology
Communication/Public Speaking
Consumer Education/Economics
Dairy
Electric
Engineering/Safety Science
Entomology
Food Science
Forestry, Wildlife & Fisheries
Goats
Horse
Horticulture/Garden
Leadership/Personal Development
Line & Design
Nutrition, Health & Fitness
Performing Arts/Recreation
Photography
Plant Science
Poultry
Sheep
Swine
Veterinary Science

IDEAS FOR DEMONSTRATIONS

- Food Science – Making Butter
- Engineering – How an Engine Works
- Nutrition – Making a Healthy Snack
- Horticulture/Garden – Growing Tomatoes
- Horse – Horse Grooming and Care
- Wildlife – Planting a Wildlife Food Plot
- Sheep – How to Shear a Lamb
- Companion Animals – How to Give your Dog a Bath
- Veterinary Science – How to Give a Shot
- Photography – How to Take a Picture
- Citizenship – How to Fold a Flag
- Plant Science – How Soils Form
- Beef – How to Groom a Beef Heifer
- Electric – How to Wire a Switch



FOR FURTHER INFORMATION, CONTACT:

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